

HOT SUMMER HAIR NOW

By Daryn Mayer

DO'S FOR SUMMER

Low Rise Pony

"Over-washing, especially in the summer can strip the hair color. This style is great on dirty hair and perfect for hot summer weather," says Gulab.

Steps: Spray AG Simply Dry into your hair, concentrating in the root area to absorb any excess oil and dirt and add volume, and a bit of grit, to the hair. Fasten your hair into a low ponytail, hitting the nape of your neck. Do not pull your hair all the way through the elastic, and leave a bun in your hair. Pull strands of hair out around your face to create an effortless look. Secure with bobby pins if needed. Follow with some AG Texture Gloss to smooth down any flyaways and frizz, and finish off with a spray of AG Aerodynamics Hairspray, for hold and shine.

High Top Bun

"I love the versatility of this style," says Gulab. This 'do not only looks perfectly effortless for running quick errands, but is chic and polished enough for a night on the town.

Steps: Wash your hair with AG Cleansing Cream to gently remove chlorine and product build up while promoting moisture and shine. Apply AG Foam to damp hair, and blow-dry your hair with a round brush, or upside



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High Top Bun

Summer is a time to enjoy the sun, the beach, and the ease of warmer temps. However, according to Raj Gulab, hair stylist and owner of Bleu Ciel located on Manhattan's Upper East Side, "The summer season can damage the texture and color and make styling difficult." Summer hair needs summer care, and products with natural ingredients are the key to achieving chic and healthy summer hair.

Gulab says, "One of the best hair care brands on the market is AG Hair. Free of salt, PABA, parabens, and DEA, AG products use natural ingredients like argan oil, tomato and sunflower extract, apple cider vinegar, and keratin protein."

So whether you are heading to the beach, a summer soiree or a night on the town, here are some chic hairstyles will give you the look of effortless beauty while protecting and promoting health, sexy hair.



Braided Updo

down. Once dry, apply AG Spray Gel to protect your hair against heat damage and stress. Using a large barrel curling iron, wrap one to two inch sections of your hair around the barrel. Alternate the curl directions to create a more natural looking curl. Once finished, comb the curls with your fingers to create effortless waves. Pull the top of your hair into a high ponytail, and secure with an elastic band. Take your pony and wrap it around the elastic band, and secure with bobby pins. Add some AG Texture Gloss to the top of your hair to control frizz and flyaways.

Braided Updo

"Summertime should be carefree, especially when it comes to your hair," says Gulab. "This braided updo is a modern, effortless style. And it's a great way to make dirty hair look fabulous."

Steps:

Apply AG Simply Dry throughout the hair, concentrating in the root area. Apply AG The Oil to the ends to add shine, and to aid in the braiding process. Braid each side of your hair with a regular three-strand braid, and secure the bottom with clear elastic. Gently pull on the braids to loosen slightly, and to give them more volume. Take the braid from the right side of your head and gently pull it to the other side, and secure with bobby pins. Repeat this process on the other side, crisscrossing the braids in the back for added texture. Finish off with AG Aerodynamics hairspray for hold, and AG Frizzproof for shine and humidity protection in the summer weather.

For more information about Raj Gulab or Bleu Ciel call 212-837-2055 or visit bleucielhairsalon.com. Daryn Mayer is a TV lifestyle expert, author and founder of you fortified™. For more information visit youfortified.com